

Department of Mental Health Safe Passages-DC Children Inspired Now Gain Strength (CINGS)



School Mental Health Activities May-June 2004

Edison Friendship Charter School, Avise Watts 202-671-3107

Prevention Activities:

Pregnancy Prevention Group- Every Thursday

Group Counseling/ Therapy Topics:
Coping skills group- Every Tuesday
Trauma girls group- Every Tuesday
Anger Management- Every Wednesday
Violence prevention girls group- Every Wednesday

School Staff Trainings or Presentations (including in-services): Stress reduction for teachers- Tuesday, May 11

Other Activities:

Poetry Night - Friday, May 28

Wheatley ES, Corliss Walker, 202-671-3107

Prevention Activities:

Substance Abuse

Good Touch Bad Touch

Re Think

Behavior Program

Growth & Development

Sth and 6th graders

5th and 6th graders

Group Counseling/ Therapy Topics:

Anger Expression Cooperation Dealing w/ fears

School Staff Trainings or Presentations (including in-services):

Stress Management/ Relaxation

What is Mental Health?

How to access Mental Health Services?

Meridian Public Charter School, Andrea Burgio-Murphy, 202-671-3107

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Prevention Activities:

School-Wide Relaxation Training, Good Touch/ Bad Touch- Every Tuesday & Thursday (April & May)

Group Counseling/ Therapy Topics:

Anger Management, Social Skills, Grief and Loss- *Thursdays* (1pm-2pm)

School Staff Trainings or Presentations (including in-services): Relaxation/ Stress Reduction and Its Impact on Health

IDEA Public Charter School, Rosemary Culver, 202-671-3107

Prevention Activities:

Rites of Passage & Mentor Program, Conflict Mediation Group Get it off Your Chest Group, MA Group (Marijuana Anonymous)

Classroom Workshop on Peer Pressure

Miner Elementary School, Monica Woodard, 202-671-3107

Group Counseling/ Therapy Topics:

Grief and Loss Groups-Tuesday, May 4th and Tuesday, May 11th

Parent Support Centered Support Program Activities:

Depression- Thursday, May 13th

Children and Grief- Thursday, May 20th

The Impact of Substance Abuse on Children-Thursday, May $27^{\rm th}$

Thurgood Marshall ES/MS, Shawn Callaway, 202-671-3107

Prevention Activities:

Gang Resistance Educational Program

Building Future Youth
Fire Safety Tips For All
Teen Life Choices-Career Day

Group Counseling/ Therapy Topics:

Conflict Resolution Decision Making Handling Anger

School Staff Trainings or Presentations (including in-services): Sensitivity Workshop for the staff (Staff Development)-Wednesday, May 19th

LaSalle Elementary School, Bonita James Toorie, 202-671-3107

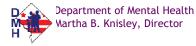
Prevention Activities:

Classroom presentations on self-esteem, bullying and other mental health related topics

Any other Activities:

Parent Presentations at Miner Elementary School: depression, grief and loss and impact of substance abuse





Fletcher Johnson ES, Desiree McClure, 202-671-3107

Prevention Activities:

"Girls Breaking it Down" G-TREM, Female Peer Mediation Group (4th grade), Good Touch/Bad Touch (4th grade class)

Group Counseling / Therapy Topics: Hot Kidz- Substance Abuse Prevention Friend Stars

Gibbs Elementary School, James DelGiuice, 202-671-3107

Prevention Activities:

depression fact sheet for school newspaper parent presentation on dealing with angry children

School Staff Trainings or Presentations (including inservices):

Slam Your Stress Presentation for School Staff

Eliot Junior High School, Nikki Blass, 202-671-3107

Prevention Activities:

Girl Power- 3 times a week (50mins. -2 hours) 7^{th} , 8^{th} , and 9 grade

Positive Young Men- Wednesdays, 1/ week for 1 hour Life Skills Training- 1/week (50 mins.) 8th grade class

Davis Elementary School, Amy Mack, 202-671-3107

Prevention Activities:

RETHINK- 1st grade class

Good Touch / Bad Touch- 2nd , 4th , 5th grades (planned) Stress Reduction (de-stress) Group for Parents

Group Counseling/Therapy Topics: Self-Esteem (Girl Power) 4th and 5th grades Grief and Loss

School Staff Trainings or Presentations (including inservices):

Hoping to do an Abuse ID Workshop w/ teachers

Village Charter School, Charnetta Scott, 202-671-3107

Prevention Activities:

Parent Workshop (Understanding needs of self & child)-(5/21)

Resilience Classroom Based Sessions- (5/6, 5/13, 5/20, 5/27)

Good Touch/Bad Touch Sessions- (5/4, 5/5, 5/11, 5/12, 5/18, 5/19, 5/25, 5/26)

SAIL Public Charter School, Julie Goldstien, 202-671-3107

Prevention Activities:

Good Touch/ Bad Touch

HIV Prevention

"Caught You Being Kind" coupons

Studio Public Charter School, Anna Garcia. 202-671-3107

Prevention Activities:

How to recognize stress

Learning to deal with stress (School-wide presentation)

Group Counseling/ Therapy Topics:

Conflict Resolution

Team Building

Social Skills

School Staff Trainings or Presentations (including inservices)

Stress Reduction for Teachers and School Staff

SEED Chartered School, Shelly Glick-Spizuoco and Samantha Madhosing, 202-671-3107

Prevention Activities:

Stress Management

Teen Pregnancy Prevention

Group Counseling/ Therapy Topics:

Conflict Resolution

Girls Empowerment Group

Girls Support Group

Emery Elementary School, Julie Liu, 202-671-3107

Prevention Activities:

Anger Management- Learning new strategies

Any other Activities:

Understanding psychotropic medications for parents Depression in children for parents

Evans Middle School, Eva Ramsey, 202-671-3107

Prevention Activities:

Classroom presentation on gossip and tapping into positive relationships